



asara spa

SPA INFORMATION

SPA HOURS

OPENING HOURS: 10:00 AM - 8:00 PM

LAST BOOKING AT 7:00 PM

SPA RESERVATION

Advance booking is required, please dial #460 or call +66 32520777

PRE - ARRIVAL INFORMATION

ARRIVAL TIME We recommend arriving 15 minutes prior to your scheduled time to ensure enough time for your consultation, changing or shower time.

LATE ARRIVALS Scheduled treatments must end on time so that other guests are not delayed. We regret that arriving late may decrease the time of your treatment - Your treatment will last the full duration if no other booking is scheduled after your appointment.

CANCELLATION POLICY

Should a cancellation or date change be necessary, we request at least 4 hours notice for any single service to avoid a cancellation fee. Appointments canceled within less than 4 hours and no shows will be charged 100% of the price of each confirmed appointment.

PAYMENT

Please sign the bill at Spa reception and will be charged to your room. We accept all major debit and credit cards.

REFUND

Promotional items and spa treatment are non-refundable, non-transferable, and non-exchangeable, unless otherwise stated. - Other terms and conditions apply.

SPA PROTOCOL

To ensure that guests can enjoy the peaceful sanctuary of the Spa, we request all visitors to keep noise to a minimum. Cellular phones and electronic devices are discouraged. Children under the age of 14 are not permitted in Asara spa. Drinking alcohol, Smoking, including the use of e-cigarettes, is not permitted in spa area.

SPECIAL CONSIDERATIONS

If you have high blood pressure, heart conditions, allergies, are pregnant or have any other medical conditions, we recommend to consult your doctors before signing up for any spa services. Please make your spa therapist aware of any medical conditions you may have.

WHAT TO WEAR

We will provide bathrobe, slippers, and disposable underwear for your convenience

CONTACT LENSES

We recommend you remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

VALUABLES

We recommend that you leave all jewelry and valuables in your suite or villa before coming to the spa.

ASARA SIGNATURE

YIN YANG CHAKRA THERAPY (105 MINUTES)

A deeply relaxing and nurturing massage incorporating with the use of therapeutic basalt and cold marble, jade stones. Warm or cold stones are used as extension of therapist's hands to massage and placed on the "Chakras" of the body. Warm stones encourage blood flow, melt away muscular tension, and calm the nervous system. While cold stones are used to encourage to flush toxins by contracting blood vessels, reduce inflammation and revitalize your body and mind. Alternation of warm and cold temperature encourage blood and lymph circulation and balances yin and yang energies.



ASARA SIGNATURE PACKAGE

SIAM HERITAGE THERAPY WITH HERBAL COMPRESS (105 MINUTES)

Herbal compresses are frequently used in conjunction with Aromatherapy Oil. Hot compresses increase the local temperature and energy flow improving circulation while relaxing the muscles and improving tonicity. Also, joint flexibility is improved, and soreness reduced. The soothing effects help to harmonize the mind and dispel tension.

ASARA LUXURIOUS GOLD RITUAL JOURNEY (2.30 HOURS)

This opulent ritual is the ultimate in luxury. Using 24 Karat Gold Stones, this treatment has the ability to increase the hydration levels of the skin and is creating a smooth and toned effect. Your body will be gently buffed using our luxurious Gold Rejuvenating Body Polish, helping to nourish, hydrate and firm the skin, followed by a bespoke body massage using 24 Karat Gold stones combined with Gold Rejuvenating massage oil.

Treatment details:

1. Aromatic Honey and Milk bath (30 mins)
2. Gold Scrub and Gold Mask (45 mins)
3. Gold massage oil (60 mins)
4. Foot Relaxing treatment (15 mins)

MASSAGE

BACK TENSION RELIEF MASSAGE (60 MINS)

This massage uses Swedish massage techniques focusing on neck, upper back and shoulders to relieve muscle tension. Lavender oil in Relaxing massage oil assists in body and mind relaxation.

AROMATHERAPY MASSAGE (60/90 MINS)

Discover the fragrant ancient art of Aromatherapy and experience the therapeutic properties of essential oils. This delightfully soothing and gentle massage allows the healing properties of these natural oils to percolate effectively. Combining the soothing sense of smell with the healing power of touch.

DEEP MUSCULAR MASSAGE (60/90 MINS)

A deeper muscle and connective tissue manipulation with a focus on unraveling tension in tighter bound up muscles and improving overall range of motion. Highly recommended for a release of the underlying muscular tissue or for a sports specific massage.

The expert therapist's skilled hands work in slow movements, complementing your breath and pressing deeply into the muscle tissue. Perfect for who enjoy deeper muscle pressure.

TRADITIONAL THAI MASSAGE (60/90MINS)

Thai massage is a deeply healing therapy that stems from ancient traditional. It utilize line of energy and a point system gentle twisting and deep stretching to aid tension-relief and promote the balance of Qi energy in your body, in order to improve energy flow and relive tension.

FOOT REFLEXOLOGY (60 MINS)

An ancient massage of the feet which will restore the flow of energy throughout the body. Reflexology points corresponding to all organs and bodily systems are stimulated to promote a sense of equalized wellbeing.

